

# MOUNTAIN MADNESS 2025

## PACKING LIST

- Water bottle with first & last name
- Small backpack or bag to put belongings in during the day
- Warm winter jacket
- 2 days of clothes & pajamas (casual, modest and warm)
- Comfortable shoes for walking
- Hairbrush, shampoo, toothpaste, toothbrush, deodorant and other toiletries
- Any medications that you regularly use (including prescriptions)
- Money for souvenirs & other merchandise sold at the conference.

## PLEASE DO NOT BRING:

- Unnecessary electronic devices (tablets, switches, headphones or laptops)
- Any firearms or weapons (including knives)
- Alcohol or non-prescription drugs
- Tobacco products

