



## Steubenville of the Rockies Youth Conference 2026 **Modesty Policy**

The Archdiocese of Denver has very specific guidelines regarding modest dress. We ask that you strictly adhere to these policies. Also, please keep in mind that some rules apply specifically to males, while others are directed to females.

1. Shorts, skirts, or dresses that are shorter than five inches above the knee while standing are not permitted.
2. Shirts that reveal midriff are not permitted, nor are shirts that are too low cut from the neck area.
3. Skirts, shorts, or pants are not allowed to sag to the point of revealing one's undergarments while standing or sitting.
4. During all liturgies and prayers, every male, youth, or adult must remove headwear. This includes all hats, visors, headbands, bandanas, etc.; this is more out of respect than modesty.
5. Clothing that may appear to have an anti-Christian message is not permitted.
6. Clothing with writing or symbols that include crude language, promotion of alcohol or drug use, or suggestive material of a crude or sexual nature is not permitted.
7. Any individual wishing to serve as an Extraordinary Minister of Holy Communion for the Liturgical celebration is asked to wear long pants or a skirt.
8. At such events where music is being played, many people often feel moved to dance. While we encourage dancing, we feel it is necessary to remind you that no moves that appear tasteless and/or vulgar will be permitted. We invite you to have a great time, but please keep it clean!

"Purity requires modesty, an integral part of temperance. Modesty protects the intimate center of the person. It means refusing to unveil what should remain hidden. It is ordered to chastity to whose sensitivity it bears witness. It guides how one looks at others and behaves toward them in conformity with dignity of persons and their solidarity.

- Catechism of the Catholic Church #2521

"Let no one despise your youth but set the believers an example in speech and conduct, in love, in faith, in purity."

- 1 Timothy 4:12

"All things are lawful to me but not all things are helpful. I will not be enslaved by anything... the body is not for immortality, but for the Lord, but the immoral man sins against his own body. Do you know that you are temples of the Holy Spirit within you... so glorify God in your body."

- 1 Corinthians 6:11-20