



# NATIONAL EUCHARISTIC REVIVAL

## Step 2 – Intercede for that Person in Communion with the Holy Spirit

*(Step by step guide for how to engage with the Holy Spirit as you intercede for someone)*

# 1.

### ***Put yourself in the Presence of God***

Lift your heart and thoughts to God, become aware that he is always with you, that he hears and sees you, that he knows and loves you as a son/daughter.

# 2.

### ***Do the Sign of the Cross***

Slowly do the Sign of the Cross as you revere each Person of the Trinity.

# 3.

### ***Invite the Holy Spirit to guide your prayer***

In your own words, ask the Holy Spirit to help you intercede for the person God has invited you to walk with...ask him to speak to you through your thoughts, a word from Scripture, a memory, an image, or your senses.

You can use the following questions as a guide:

- Holy Spirit, can you show me what you are doing in N. (name) life right now? What do you want me to pray for on their behalf? Show me your heart for them.
- Is there a word or passage from the Bible that captures where they are and what they need right now? Is there an image or a memory that can help me see this to better walk with them and help them take the next step in their journey of faith?
- Is there a particular emotion that can help me understand where they are, what they need, or your heart for them?

## ***Wait and listen to the promptings of the Holy Spirit***

Patiently wait in silence for a couple of minutes as you expect the Holy Spirit's response. Pay attention to any Bible passage, story, thoughts, images, memories that might come to mind or emotions that you might feel. Once you have acknowledged any of these, dialogue with the Holy Spirit by asking him to clarify what he might be saying...and wait for a response.

If something specific has been revealed to you by the Holy Spirit, the fruit or confirmation of this will be a sense of peace, encouragement, excitement, and/or a burst of energy and motivation to continue to intercede or intentionally walk with that person in a particular way. If nothing concrete has been revealed, continue to intercede for that person in this way for a couple of days. Expect a response from God and act accordingly. It can also happen that if the Holy Spirit reveals something to us it might require some trust and courage on our part that might make us uncomfortable if we are to respond to his promptings by asking us to do more, such as fast or offer a sacrifice for that person, for instance. When this happens, we must act in faith and be courageous.

## ***Take Action***

If God revealed something to you it is because he wants you to play a part in it, so once you have acknowledged what that is, ask God for his grace and discern a concrete way/step in which God is inviting you to carry this out. This step is crucial because much of the outcome will depend on how we respond to what has been revealed to us regarding the person we are called to accompany. Once we have done what is asked of us to the best of our ability, we can be at peace and leave the results in God's hands.